

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Sheepscot Valley Health Center Welcomes New Provider Curry

COOPERS MILLS – Sheepscot Valley Health Center is pleased to announce that Karen Curry, LCSW, LADC will be joining the health center team in August. Karen obtained a Bachelor Degree in Mental Health and Human Services at University of Maine, Augusta. She has provided case management to children and families since 2006 and substance use counseling to adults since 2009. She began providing co-occurring (substance use and mental health) counseling while completing a Masters of Social Work Degree at University of Maine, Orono in 2010, and has been employed in community behavioral health services since that time. Karen brings experience in case management, medication assisted treatment, co-occurring outpatient therapy, and individual and family therapy to adults, adolescents, and children.



“The process of counseling involves joining with another person to ‘stand in his/her shoes’ as much as is possible,” shared Karen. “It is non-judgmental, respectful, strengths-based, and allows for empowerment of individuals to learn more about themselves in order to overcome barriers and reach their goals in life. Sheepscot Valley Health Center has a good reputation, and I have firsthand knowledge of how responsive they are to the needs of the people in the surrounding community. I want to join their efforts in treating individuals in a holistic way, helping them to improve their physical and behavioral health.”

Karen will be joining physicians - Roy Miller and Kathryn Wistar, nurse practitioners - Amber Shepherd, Christine LaVerdiere and Ashley Hamilton-Ellis, as well as physician assistants - Shannon DeLong and Zach Wissman. The health center serves 4,000 residents from Coopers Mills, Jefferson, Somerville, Washington, Whitefield, Windsor and surrounding communities by offering medical care, counseling, care management, adult psychiatric medication management, podiatry, and referrals.

Sheepscot Valley Health Center is part of HealthReach Community Health Centers, a system of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of healthcare and medications including the Health Insurance Marketplace. A private, non-profit with a 41-year history, HealthReach is funded by patient fees, grants and individual donations.

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