

# HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

## Richmond Health Center Welcomes New Provider

### Elizabeth Mehr, FNP will join the Medical Team in September

RICHMOND – Richmond Area Health Center will be welcoming Elizabeth Mehr, FNP to the medical team in September. She is transferring from Western Maine Family Health Center, another practice of HealthReach Community Health Centers.

Mehr completed a Master of Nursing degree at Regis College, Weston, MA in 2015. Previously she obtained undergraduate degrees in nursing (Regis – 2013) and psychology (Smith College, MA – 2008). Her clinical areas of interest include women's health and chronic disease management.



"I grew up in rural Maine and am excited about providing healthcare to the residents of Richmond and the surrounding communities," Mehr recently shared. "My mission is to assist patients in achieving optimal health through a healthy lifestyle and disease prevention. I believe this involves getting to know each patient as an individual and developing a healthcare plan that appeals to the specific person."

Elizabeth will be working alongside physician Linda Hermans, nurse practitioners Tom Bartol and Melissa Hackett, clinical social worker Judith Day, and psychiatric-mental health nurse practitioner Marta Hall to provide primary care and prevention services for 2,600 residents of Richmond, Gardiner, Litchfield, Dresden, Bowdoinham, Pittston, and surrounding towns.

Richmond Area Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral health care to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of health care and medications including the Health Insurance Marketplace. A private, non-profit with a 41-year history, HealthReach is funded by patient fees, grants and individual donations.

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