

HealthReach Community Health Centers



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FOR IMMEDIATE RELEASE

Belgrade Health Center to hold Free Flu Shot Clinic

BELGRADE - Have you had your flu shot, yet? Belgrade Regional Health Center will hold its annual flu clinic on Saturday, October 7, from 9:00 AM to noon for patients and community members.

100 free vaccines will be available on a first-come, first-served basis thanks to the generous support of the Belgrade Regional Health Center Board of Directors. Insurances will not be billed. Donations to the Health Center, however, are welcome.

According to the Maine Center for Disease Control, influenza is a serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently. Even healthy people can get very sick from the flu and spread it to others. An annual seasonal flu vaccine is the best way to reduce the chances that you will get seasonal flu and spread it to others. When more people get vaccinated against the flu, less flu can spread through that community.

The health center is located at 4 Clement Way, off Route 27 in Belgrade. For more information, call (207) 495-3323 or visit www.BelgradeCHC.org.

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Belgrade Regional Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Dedicated providers deliver high quality medical and behavioral healthcare to citizens in over 80 rural communities. To ensure access for everyone, HealthReach accepts Medicare, MaineCare and major insurances. In addition, an Affordable Care Program is available to uninsured and underinsured residents as well as assistance with applications for programs that help with the cost of healthcare and medications including the Health Insurance Marketplace. A private, non-profit with a 42-year history, HealthReach is funded by patient fees, grants and individual donations.